

Registration Notes

- All payments are due at the time of registration.
- Debit/Interact/Visa/MasterCard/Discover cards are accepted.
- Cheques are to be made payable to Winnipeg Gymnastics Centre.
- **No refunds** unless a medical note is provided.
- Please make sure long hair is tied back and all jewellery is removed.
- Girls should wear leotards or shorts and a t-shirt and boys should wear shorts and a t-shirt.
- A \$25 service fee will be added to all NSF returned cheques.
- Full day campers may be dropped off as early as 8:30am and picked up as late as 4:30pm at no extra charge. (Half day campers—\$10/half hour extra)
- Full day campers need to bring a nut free lunch and two snacks each day. Half day campers will only need to bring a nut free snack.
- Campers are to bring a water bottle to the gym each day (water fountain available inside the gym)
- All water bottles left behind at the end of the week will be thrown out.

Come check out our Open House!

Monday, August 14th, 2017
OR
Monday, August 21st, 2017
5-7pm

Come meet our amazing staff
and try out our state of the art
equipment for **FREE!**

Contact Us

Winnipeg Gymnastics Centre

102-171 Samborski Drive
Oak Bluff, MB R4G 0B3

Please see our website for directions. (Contact Us)

Phone: (204) 475-9872

Fax: (204) 453-4866

Email: info@winnipeggymnasticscentre.com

Visit us on the web:

www.winnipeggymnasticscentre.com



WINNIPEG GYMNASTICS CENTRE



Summer Camps 2017

Gymnastics Camps

Boys & Girls (4-12yrs)

At Winnipeg Gymnastics Centre, we combine great gymnastics training with lots of fun games, arts and crafts, and outdoor activities. Come and make friends while learning as many awesome gymnastics skills as possible! With our flexible schedule, there's something for everybody in your family this summer!

Camp Overview (times vary daily)

9am/1pm—Warm up games/stretch
9:30am/1:30pm—2-4 Stations (20 min. each)
Snack Time (20 mins.)
Board Games (20 mins.)
~10:30am/2:30pm—Finish stations
12-1pm—Lunch Time
12pm/4pm—Home Time

Weeks Offered:

Week 1: Jul. 4th-7th (4 days) **Week 6:** Aug. 8th-11th (4 days)
Week 2: Jul. 10th-14th **Week 7:** Aug. 14th-18th
Week 3: Jul. 17th-21st **Week 8:** Aug. 21st-25th
Week 4: Jul. 24th-28th **Week 9:** Aug. 28th-Sept. 1st
Week 5: Jul. 31st-Aug. 4th

Times & Prices:

Half Day Daily (9-12pm/1-4pm): \$26
Half Day Weekly (9-12pm/1-4pm): \$110 (\$95 Week 1 & 6)
Full Day Daily (9-4pm): \$42
Full Day Weekly (9-4pm): \$195 (\$160 Week 1 & 6)
Insurance Fee for Non-Members: \$25

Acrobatic Gymnastics

Camps

Boys & Girls (6-22yrs)

Come try out the newest sport in Manitoba! Acrobatic Gymnastics is a combination of choreography (competitive only), acrobatic elements (holds/throws/catches) and flexibility, all performed in perfect synchronization. Our camps are a fun and perfect way to get introduced to a phenomenal new sport!

Camp Overview (times vary daily)

1pm—Warm up games/stretch
1:30pm—Partner stunting/Floor work
Break Time (20 mins.)
~2:30pm—Tumbling/Floor work
4pm—Home Time

Weeks Offered:

Week 2: Jul. 10th-14th (4 days) **Week 6:** Aug. 8th-11th (4 days)
Week 3: Jul. 17th-21st **Week 7:** Aug. 14th-18th
Week 4: Jul. 24th-28th **Week 8:** Aug. 21st-25th
Week 5: Jul. 31st-Aug. 4th **Week 9:** Aug. 28th-Sept. 1st

Times & Prices:

Half Day Daily (1-4pm): \$26
Half Day Weekly (1-4pm): \$110 (\$95 Week 6)
Insurance Fee for Non-Members: \$25



Cheerleading Camps

Boys & Girls (5-13yrs)

In these camps, athletes will learn level appropriate skills in tumbling, stunting, pyramids, baskets and more. At the end of each camp, athletes will either showcase a choreographed mini routine or a full cheerleading routine. Athletes will leave our camp with a feeling of accomplishment, a wonderful experience and new friendships!

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