

Registration Notes

- All payments are due at the time of registration.
- Debit/Interact/Visa/MasterCard/Discover cards are accepted.
- Cheques are to be made payable to Winnipeg Gymnastics Centre.
- **No refunds**—unless a medical note is provided upon withdrawal from camp.
- Please send snacks/lunches that do not require refrigeration or heating up.
- Please make sure long hair is tied back and all jewellery is removed.
- Girls should wear leotards or shorts and a t-shirt and boys should wear shorts and a t-shirt.
- A \$25 service fee will be added to all NSF returned cheques.
- Full day campers may be dropped off as early as 8:30am and picked up as late as 4:30pm at no extra charge.
- Full day campers need to bring a nut free lunch and two snacks each day. Half day campers will only need to bring a nut free snack.
- Campers are to bring a water bottle to the gym each day (water fountain available inside the gym).
- All water bottles left behind at the end of the week will be discarded.

Open House

Monday, August 13th, 2018

OR

Monday, August 20th, 2018

5:00-7:00pm

Bring your friends and family to come meet our amazing staff and try out our state of the art equipment for **FREE!**

Contact Us

Winnipeg Gymnastics Centre

102-171 Samborski Drive
Oak Bluff, MB R4G 0B3

Phone: (204) 475-9872

Fax: (204) 453-4866

Email: info@winnipeggymnasticscentre.com

Visit us on the web:

www.winnipeggymnasticscentre.com



The poster features a red background. At the top left is a black silhouette of a gymnast in a handstand position inside a circle. To its right is a yellow sun with a smiling face and radiating lines. Below these is the text "WINNIPEG GYMNASTICS CENTRE" in large, bold, black capital letters. At the bottom right is another black silhouette of a gymnast in a handstand position inside a circle. In the center, there is a graphic of a blue shovel and a red bucket on a patch of tan sand. At the bottom, the text "Summer Camps 2018" is written in large, white, sans-serif font.

**WINNIPEG
GYMNASTICS
CENTRE**

Summer Camps
2018

Gymnastics Camps

Boys & Girls (4-12yrs)

At Winnipeg Gymnastics Centre, we combine great gymnastics training with lots of fun games, arts and crafts, and outdoor activities. Come and make friends while learning as many awesome gymnastics skills as possible! With our flexible schedule, there's something for everybody in your family this summer!

Camp Overview (times vary daily)

9am/1pm—Warm up games/stretch

9:30am/1:30pm—2-4 Stations (20 min. each)

Snack Time (20 mins.)

Board Games (20 mins.)

~10:30am/2:30pm—Finish stations

12-1pm—Lunch Time

12pm/4pm—Home Time

Weeks Offered:

Week 1: Jul. 3rd-6th
(4 days)

Week 6: Aug. 7th-10th
(4 days)

Week 2: Jul. 9th-13th

Week 7: Aug. 13th-17th

Week 3: Jul. 16th-20th

Week 8: Aug. 20th-24th

Week 4: Jul. 23rd-27th

Week 9: Aug. 27th-31st

Week 5: Jul. 30th-Aug. 3rd

Times & Prices:

Half Day Daily (9-12pm/1-4pm): \$26

Half Day Weekly (9-12pm/1-4pm): \$110

(\$95 Week 1 & 6)

Full Day Daily (9-4pm): \$42

Full Day Weekly (9-4pm): \$195 (\$160 Week 1 & 6)

Insurance Fee for Non-Members: \$25

Acrobatic Gymnastics

Camps

Boys & Girls (6-22yrs)

Come try out the newest sport in Manitoba! Acrobatic Gymnastics is a combination of choreography (competitive only), acrobatic elements (holds/throws/catches) and flexibility, all performed in perfect synchronization. Our camps are a fun and perfect way to get introduced to a phenomenal new sport!

Camp Overview (times vary daily)

1pm—Warm up games/stretch

1:30pm—Partner stunting/Floor work

Break Time (20 mins.)

~2:30pm—Tumbling/Floor work

4pm—Home Time

Weeks Offered:

Week 2: Jul. 9th-13th

Week 3: Jul. 16th-20th

Week 4: Jul. 23rd-27th

Week 5: Jul. 30th-Aug. 3rd

Week 6: Aug. 7th-10th

4 days)

Half Days Only

Week 7: Aug. 13th-17th

Week 8: Aug. 20th-24th

Week 9: Aug. 27th-31st

Times & Prices:

Half Day Daily (1-4pm): \$26

Half Day Weekly (1-4pm): \$110 (\$95 Week 6)

Insurance Fee for Non-Members: \$25



Cheerleading Camps

Boys & Girls (5-13yrs)

In these camps, athletes will learn level appropriate skills in tumbling, stunting, pyramids, baskets and more. At the end of each camp, athletes will either showcase a choreographed mini routine or a full cheerleading routine. Athletes will leave our camp with a feeling of accomplishment, a wonderful experience and new friendships!

Weeks Offered:

Full Days Only

Week 3: Jul. 16th-20th

Week 4: Jul. 23rd-27th

Week 7: Aug. 13th-17th

Week 8: Aug. 20th-24th

Times & Prices:

Full Day Daily (9-4pm): \$42

Full Day Weekly (9-4pm): \$195

Insurance Fee for Non-Members: \$25



Evening Summer Gymnastics Classes!

Wednesday

5:00-6:00pm (5-13 yrs) \$149/8 weeks

6:00-7:00pm (6-13 yrs) \$149/8 weeks

7:00-8:30pm (8+ yrs) \$184/8 weeks

Insurance Fee for Non-Members: \$25